

Rice Bowls

Black Bean Bowl

Black Beans, corn, red pepper and onions - white rice w/
Grilled Chicken or Shrimp

Chicken 12.99 Shrimp 14.99

Korean Bowl

Sauteed Red Peppers and Onions - white rice w/ Grilled
Chicken, Beef or Shrimp.

Chicken 13.99 Beef 14.99 Shrimp 15.99

Grilled Veggies & Rice

Grilled Vegetables served plain or with Asian BBQ Sauce
with white rice.

12.99

New Item

Chicken Teryaki Rice Bowl

Grilled Chicken w/ Broccoli, Red Pepper and Onion
served with Rice

13.99

New Item Cheesesteak Bowl

White Rice & Queso covered with Grilled Steak
Red Peppers & Onions

15.99

Plant Based Sandwiches

Grilled Veggie Wrap

Grilled Veggies with goat cheese and balsamic
reduction. Served on a soft wrap

12.99

Vegetarian Reuben

Grilled Rye, with Swiss Cheese, Sauerkraut,
Thousand Island Dressing and Grilled Eggplant

12.99

Avocado Toast

Classic

8.99

Fresh Avocado seasoned with lemon juice and crushed
red pepper on Sourdough

Bacon

10.99

Bacon and Tomato

10.99

Fried Eggs

10.99

Fried Eggs & Bacon

11.99

Subs

Caprese Panini

Fresh Mozzarella with tomatoe, basil and balsamic glaze on
a seeded roll

11.99

Chicken Caprese Panini

Our Caprese Panini with Grilled Chicken

13.99

Chicken Cheesesteak

Fresh Chopped and Grilled Chicken Breast seved with
lettuce and tomato

13.99

Chicken Parm

Fried Chicken with Marinara and Mozzarella on Toasted
Seeded Italian Bread

13.99

Eggplant Parm

Grilled Carmelized Eggplant with a light Marinara Sauce and
Mozzerella, served on a Seeded Roll

12.99

Turkey Sub

House Roasted Turkey with mayo, lettuce and tomato

12.99

Sandwiches & Wraps

Chicken Salad

11.99

Sandwich or Wrap

Turkey BLT

13.99

Turkey, Lettuce, Tomato and Bacon

Served as Wrap or Sandwich

Grilled Shrimp Wrap

13.99

Lettuce, Tomato & Dill Mayo

Chicken Caesar Wrap

12.99

Grilled Chicken, Caesar Salad & Croutons

Kids Menu

Kids Mac n Cheese

4.95

Kids Chicken Fingers & Fries

4.95

Kids Grilled Cheese & Fries

4.95